

# SOME PRAYERS

Welcome to this church of St Nicholas, Worth a Holy Place a building set apart for prayer

We hope this leaflet may help you use a few minutes in prayer



Be still for some moments and listen to the peace.

Jesus said "Be assured, I am with you always to the end of time." Matthew 28:20







#### A prayer to use in the stillness

Lord, I come to you in the assurance that you are present with me now. I do not have to seek your presence; I am daily living in your presence.

Make me aware of it.

Make it real to me and help me, in these moments of prayer, to know that I am speaking to one who is not far off; whose love is all around me and who knows my every need.

I ask this through

Our Saviour Jesus Christ. Amen.

## A prayer of adoration

I adore you, most holy Jesus Christ, here, and in all your churches throughout the world, and I bless you because, by your holy cross, you have saved me. Amen



## A prayer of thanks

Thank you, Father, for all my joy and all my longing.

You have given me in this world, beauty and love; you have also given me the ordinary necessary things of daily life.

I thank you, Father, not only for these things but for the gift of hope and for all that reminds me of your promise of eternal life; through Jesus Christ Our Lord.

Amen.

## A prayer for someone else

Heavenly Father, I pray for \_\_\_\_\_ who is in trouble/passing through illness at this time.

Bless all that is being done for their good and surround them

with your healing love and power for the sake of Jesus Christ Our Saviour.

Amen.

#### A prayer if you are worried

Lord, you know how worried I am about \_\_\_\_\_\_

Help me to be trustful, and do all that I can, and then leave the rest to you. Help me to be sure that nothing can separate me from your love. Help me to lose my anxiety in the certainty that your everlasting arms are about me. Give me something of the peace which the world cannot give and cannot ever take away. Amen

The Lord is very near; there is no need to worry but, if there is anything you need, pray for it and the peace of God will guard your heart and thoughts in Christ Jesus.

Philippians 4:5b-7